



# Information on the Activation and Application of Career Resources

Employee version

This is an excerpt. The complete document involves information about all career resources on 17 pages.

# THE 13 ASPECTS IN DETAIL

## KNOWLEDGE AND SKILLS: OCCUPATIONAL EXPERTISE

### **What is this resource and why is it important?**

This resource describes your job-specific knowledge and skills in relation to your current job. Occupational expertise is important to successfully meet the demands in your current job. Furthermore, occupational expertise is a key factor for employability and facilitates job transitions or seeking of a new position in case of unemployment. Expert knowledge and professional competencies improve work performance and result in stronger feelings of competence at work. Feeling competent is a central human need. Thus, expert knowledge and professional competencies strongly affect work motivation and career satisfaction. Hence, the possession of occupational expertise makes promotions more likely and increases job satisfaction.

### **How you can use this resource optimally:**

- Look for tasks and projects in which you can fully apply your occupational knowledge and skills.
- Provide support to other inexperienced people by teaching new knowledge and competencies.
- Offer support to your supervisor and work colleagues in areas in which you have well-developed knowledge and competencies.

### **How you can increase this resource:**

- Attend further education to expand your occupational knowledge.
- Regularly read specialized literature on new trends in your professional area.
- Seek current articles and presentations in your professional area on the internet.
- Frequently exchange recent developments in your professional area with work colleagues.
- Seek guidance and support from work colleagues and supervisors on how to improve your work.